

3102'13 HIL DUTCH OPEN



ON SUNDAY 20TH OF JANUARY 2013



INTERNATIONAL TAEKWON-DO FEDERATION



BE THERE AND MEET THE CHAMPIONS!



Open Dutch 2013 with new ITF-rules, on 8 squares in 2 hall's.

On the Open Dutch from 2012 there were 548 competitors from 12 different countries. So that was amazing! That makes the 2013 edition again a huge challenge. To make this edition even better. We are the first competition with using the new ITF-rules, more weight divisions and for everybody compulsory to use a headguard. We gonna use the same sports complex as last year, only we have now the possibility to use 2 hall's for the competition

**Competition
follow the NEW
ITF-rules**

and of course a separate warming-up hall. With this we give more space to the competitors.

We got already confirmation from several winners from last year who will again present at this Open Dutch 2013.

We hope to see you all again at the 20th of January in the Netherlands.

In name of the organising committee,
Mr. Henny van Zon and Master Willy van de Mortel

EVENTS:

For Youth / Juniors / Seniors
Sparring & Tuls

Teamsparring only for seniors
In the A-class for male & female.

AIRPORTS:

Eindhoven: 7,5 km
Weeze: 75 km
Amsterdam: 117 km
Brussel: 134 km

ADRESS:

Sportshall "Naestebest"
Beatrixlaan27
5684 GJ Best

Organisation: Master Willy van de Mortel & Henny van Zon

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