



# ITF BATTLE TAEKWON-DO



**Sunday 7 October 2018**

**Sparring, Non Contact, Pattern  
High jump, Pre-Arranged,  
Teamsparring**

**Youth, Junior and Senior**



**I.T.F. Netherland the Master Series  
Sports Hall  
Utrecht, Sporthal Nieuw Welgelegen  
Grebbeberglaan 13 3527 VX  
Utrecht, Netherlands**

**Inscription before 23 September 2018**

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Spordata        <https://tincy.cc/BATTLE2018>





# ITF BATTLE

Sunday 7 October 2018

## **Place/Time Table**

**Sports Hall Nieuw Welgelegen Utrecht the same as the last years.**

**Walking distance from the centre of Utrecht and train station.**

Grebbenberglaan 13

3527 VX Utrecht

Utrecht, Netherlands



Sport hall open:	08.00 hour
Measuring kids and weight inn juniors/adults weight inn	08.15-09.00 hour
Umpire meeting:	08.30-09.00 hour
Coach meeting:	09.00 hour
Opening:	09.15 hour
Start Kids & Juniors/Adults Pattern	09.30 hour

## **Sparring time:**

Kids non contact sparring	1 minutes
Kids:	1 x 1,5 minutes, extension time 30sec. still a draw than golden point.
Junior/Senior B classes:	1 x 2 minutes
Junior/Senior A classes:	1 x 2 minutes, finales 2x2 minutes.
Extension time	1 x 1 minutes, still a draw than golden point.

(the organizer has the right to change the time and the tournament rules)

## **Noncontact sparring:**

- No contact, only action and reaction
- No safety's
- The umpires examines the technical performance, originality and commitment
- Targets as with the normal sparring

Everybody has to come to the weigh-in for a stamp on his or her card also for pattern, high jump. Under weight is not allowed. For the weigh-in **only Dobok trousers and T-shirt.**

## **Divisions and classes:**

- A divisions: 4th gup and higher (continuous fighting)  
B divisions: 7th up to 5<sup>e</sup> gup (point-fighting)  
C divisions: only **Sparring** 10th up to 8<sup>th</sup> gup (point-fighting)  
Pre-Arranged : A classes 4e gup+ and B classes 10e – 5e gup. f/m , mixed couples are allowed  
-There are divisions and classes for youth/juniors/seniors  
-Length and weights  
-Sparring: You can compete either non contact sparring or normal sparring (not both)  
-High Jump: A classes 4e gup+ and B classes 10e – 5e gup.  
-Knock-out system (1 x 3e place, except for high jump only one price)  
-Male/female youth/juniors/seniors are divided in separate classes, all ITF doboks are allowed.

## **Ages:**

ITF Kids	3-7 years, mixed m/f
Youth male/ female	up to 13 year
Junior male/ female	14 / 15 / 16 and 17 year
Senior male/ female	18+ year

## **Length Sparring:**

Kids male: -130, -140, -150, -160, -170, +170

Kids female: -130, -140, -150, -160, -170, +170

Non contact sparring: -110, -120,-130,-140 en 140+

## **Weight classes Sparring:**

Junioren female : -45, -50, -55, -60, -65 kg, +65 kg

Junioren male : -50, -56, -62, -68, -75 kg, +75 kg

Senioren female : -50, -56, -62, -68, -75 kg, +75 kg

Senioren male : -57, -63, -70, -78, -85 kg, +85 kg

Changes in the length/weight classes can be made but will cost **€20,-** per change after September 23<sup>th</sup>.  
(The organization reserves the right to merge or split categories).

## **Patterns/Tuls:**

Division pattern : 10e t/m 8e Gup, 7e t/m 5e Gup, 4e t/m 1e Gup

: 1e Dan, 2e Dan, 3e Dan, 4e Dan+

**Colored and Black belts** only performs one **designated** pattern against each other.  
Two competitors against each other. KO system

- 10 - 9 gup : up to Chon-Ji, also Saju Jirigu and Saju Makgi.
- 8 gup : up to Dan-Gun
- 7 gup : up to Do-San
- 6 gup : up to Won-Hyo
- 5 gup : up to Yul-Gok
- 4 gup : up to Joong-Gun
- 3 gup : up to Toi-Gye
- 2 gup : up to Hwa-Rang
- 1 gup : up to Choong-Moo
- 1 dan : up to Ge-Baek
- 2 dan : up to Juche
- 3 dan : up to Choi-Yong
- 4 dan + : up to Moon-Moo

## **High Jump (Nopi Chagi), scissors technique is mandatory**

Class	Length (cm)	Starting height A-class (cm)	Starting height B-class (cm)
<b>Youth Girls</b>	<b>-140</b>	<b>160</b>	<b>170</b>
	<b>-160</b>	<b>170</b>	<b>180</b>
	<b>+160</b>	<b>180</b>	<b>190</b>
<b>Youth Boys</b>	<b>-140</b>	<b>170</b>	<b>180</b>
	<b>-160</b>	<b>180</b>	<b>190</b>
	<b>+160</b>	<b>190</b>	<b>200</b>
<b>Junior Female</b>	<b>-</b>	<b>210</b>	<b>220</b>
<b>Junior Male</b>	<b>-</b>	<b>220</b>	<b>240</b>
<b>Senior Female</b>	<b>-</b>	<b>220</b>	<b>230</b>
<b>Senior Male</b>	<b>-</b>	<b>240</b>	<b>250</b>

**There is only a price for the winner.**

## **Teamsparring**

- A classes, 4e gup and higher
- each team has three members, youth, junior and senior, m/f , free of length or weight.
- Continues sparring always, youth against youth, junior against junior and senior against senior.

### Rules:

- flip a coin and the winner decided which team will starts. Than the other team send a competitor.
- Every match we are counting the umpires for red and blue after the three fights who has more umpires is the winner.
- Rounds youth 1,5 minutes, junior and senior 2 minutes.
- Stops the fight, redraw, disqualifications, injuries doctor decides, 4 umpires goes to red or blue.
- After three fights no winner, flip a coin and the winner will decides youth, junior or senior competitor.

### **Umpires:**

Must wear, blue/black trousers, white shirt long sleeves, blue tie, with socks and white shoes.

Umpire must have at least 4th gup Taekwon-Do and 15+ years old. Please bring your grading card.

1 up to 7 competitor: 1 umpire

8 up to 15 competitor: 2 umpire

16 + competitor: 3 umpire, one centre referee.

No umpire? There will be a fine of € 75,- for every missing umpire

**-For every umpire we have a nice hot meal!!!!**

### **Coaches (only in track suite and with a towel):**

1 up to 5 competitors: 2 coaches

6 up to 12 competitors: 3 coaches

13 up to 18 competitors : 4 coaches

19 + competitors: 5 coaches

### **Rules:**

-Semi-contact individual points:

- a. 1 point for all hand techniques head/chest
- b. 2 points for all kicks at the chest
- c. 3 points for all kicks to the head.

- No open hand safety kicks or boxing gloves are allowed, also for example to thin black "Kwon" safety's.

-Soft shin protection is allowed,

**-Head guard and transparent mouth guard is mandatory for everybody!!!!**

-Semi-contact individual sparring (I.T.F-Taekwon-Do rules );

-Pattern (individual) Knock down system, umpires declare the winner by hand signal, B classes.

Points, warnings, minus points and disqualification are recording of the ITF rules.

<http://www.tkd-itf.org/pagina.php?idpag=1169&web=47&lng=3> 2015

<http://www.tkd-itf.org/wp-content/uploads/2014/10/Ammendments-2015-Mar-13.pdf>

Beware: Holding and grappling is now a minus point.

In case of a dispute the head referee has the final decision. Protest form available at the TUC table. It has to be written in 5 minutes .fee €75,-

### **Fee competition:**

1 event € 25,-

2 events € 30,-

3 or more events € 35,-

Teams €15,-

Entree supporters: € 5,- per person

The will be no restitution of the entry fee

### **Overall trophy:**

Also this year there will be an Overall club winner.

## ***Inscription and payments Sportdata:***

Inschrijving gaat via het online systeem Sportdata, <https://tiny.cc/BATTLE2018>.

Bank Account name: Taekwon-Do IN NAE DO KWAN

IBAN **NL28 RABO 0121658309**

Bic: RABONL2U

Description: ITF Battle and the name of your club

Band address: Dorpstraat 38 Wouderberg Netherlands

## ***Important Dates***

Sunday 23 september 2018

Thursday 27 September 2018

Friday 28 September 2018

Monday 1 October 2018

Thursday 4 October 2018

De online registration is open

23.59u de online registratie Spordata is closed

Last change to make any make adjustments

after this date the fee is € 20,- for any adjustments

payments on the bank account Taekwon-Do IN NAE DO KWAN

The poules are online

Final lists and draw is online

**Deadline for the entry is Sunday September 23<sup>th</sup> 2018.**

**Deadline for payment is Friday September 28<sup>th</sup> 2018.**

No restitution of entry fees and € 20,- administration costs per category change.

## ***Organization:***

Taekwon-Do IN NAE DO KWAN

Master James Tjin-A-Ton & Liesbeth Willems

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Web: [www.itf-taekwondo.nl](http://www.itf-taekwondo.nl)

## ***Liability:***

Every competitor/school is himself responsible that he/she is taken part without physical or mental restrictions or medical indication in this tournament.. The organization is not responsible for any damage as a result of careless acts.

By participation one does agrees also with all the regulations regarding this tournament.

## ***Hotel accommodation:***

Website hotels:

[www.channels.nl/hotel\\_index\\_nl\\_utrecht.html](http://www.channels.nl/hotel_index_nl_utrecht.html)

## ***By Car :***

### **From Amsterdam, Den Haag and 's Hertogenbosch**

- exit 8 A2 follow the sign Papendal/Langerak/**Centrum** stay on the **right** side of the road
- Drive straight , after the roundabout 24 oktoberplein, also straight follow the sign Centrum-Jaarbeurs
- After 500m you will see an **Shell tank station** on your right, turn right the street Overste den Oudenlaan
- Traffic lights, straight, you will see the Sport shall on your right
- First street to your right **Grebbergenlaan** Sports Hall Nieuw Welgelegen

### **Coming from Arnhem follow direction Ring Utrecht-Nieuwegein**

Stay on the right side of the road and please follow the sign Ring Utrecht

- Then follow the exit and sign Jaarbeurs and see above.

