

INTERNATIONAL TAEKWON-DO FEDERATION NEWSLETTER

THE OFFICIAL NEWSLETTER OF ITF OFFICE,
ISSUE 5



ITF PRESIDENT CHRISTMAS MESSAGE



Dear Grandmasters, Masters and Instructors!
Dear Country Representatives and Members!

The year 2019 is coming to an end and it has been indeed a very eventful and successful year. The highlight of the competition was certainly the World Championships in Inzell (Germany) with a new participation record of competitors (1234).

The elections were eagerly awaited for the new ITF board, which took place on April 28, 2019, and for which, for the first time in the history of the ITF, at least two candidates stood for the respective positions. Noteworthy is certainly the fact that for the first time two women were available for election - and were also elected! All election results were very clear for the winner and the congress awarded the confidence to six new and five active members.

In the following weeks (after the first official board meeting in Frankfurt in September) many new things were started. For example, all existing committees had to be re-elected, new committees and teams were created (most of the committees now involve women), all sponsorship contracts and seminar regulations had to be revised, and new projects were started. For example, the Adapted Taekwon-Do program, which addresses people with physical disabilities, and the Korea Project, which is set to reach its first peak next April. In addition, information was also translated into the Russian language.

From June to November 2019, meetings with 51 country representatives from 41 countries from 5 continents were organized and carried out, which brought important lessons, both positive and negative.

Although the past eight months have been extremely labour-intensive, many things have turned out to be obstacles and we are undergoing a transformation process, we are well on the way with the projects we have started, which we will continue with great energy and enthusiasm.

I would like to take this opportunity to thank all those who have supported the work of the Board and build on further good cooperation with the old and new committees and their members.

I wish you all and your families a peaceful and restful Christmas and a healthy and successful New Year.

With kind regards
Paul Weiler
ITF President



The World Anti-Doping Agency's 5th Conference on Doping in Sport – was held in Katowice, Poland from 5th - 7th November 2019.

The International Taekwon-Do Federation was represented at the conference by the delegation consisted of Ms. Sabina Mason, the Chair of the ITF Anti-Doping and Medical Health Committee and Master Tadeusz Loboda, the ITF Secretary General.

This conference primarily focused on the International Standards of the global anti-doping program. The Conference sessions were devoted to each Standard with experts on hand to explain some of the technicalities of each and the positive impact that they will have on clean sport.

All the Standards will enter into force on **1 January 2021**, with the exception of the List that is updated annually.

During three days of conference our delegation had several very positive and important meetings. All the knowledge gathered during this event will be used in the future work of the ITF Anti-Doping and Medical Health Committee.



147th IIC was held place between 22nd- 24th November 2019 in Uruguay. It was an amazing opportunity for the ITF President Grand Master Paul Weiler to meet with all South American leaders. The meetings were attended by representatives of Argentina, Bolivia, Chile, Colombia, Paraguay, Peru and Uruguay.

The Meetings took place at the Radisson Hotel in Montevideo before the IIC seminar that had been long awaited in the region.

This visit closed the series of meetings with leaders of the East, Central America and the Caribbean.

2nd November 2019 during ITF-USA seminar and elections the following people were elected as Directors of the **International Taekwon-Do Federation-USA :**



- President:**
Grand Master Van Binh
- Senior Vice President:**
Master Kenneth Rattet
- First Vice President:**
Mr. Gerard Cancro
- Second Vice President:**
Mrs Suzanna Aloian
- Secretary General:**
Master Jason Morris
- Treasurer:**
Master Pablo Candelario

Sabum Roy Rolstad from NTN in Norway donated 500,00€ for Africa after conducting a seminar in his club. We would like to recognize his support and thank him for this amazing and generous gesture.



146th IIC FINLAND



The 146th IIC was held in Espoo, Finland on the 16th and 17th November 2019. The event was organised as a part of the 30th anniversary celebration of the opening of Espoo Taekwon-Do club.

To celebrate the anniversary and the IIC, the event was organised in a legendary location, Ota-halli sports center.

A total of 144 people from 12 different countries took part in this amazing event.

The course was conducted by: Grand Master Hector Marano 9th degree, Grand Master Kim Ung Lan 9th degree and Master Jerzy Jedut 8th degree.

Each of the lecturers focused on different topics such as: Patterns, Sparring drills, movement exercises and a self-defense, where different techniques were adapted in many situations.



147th IIC URUGUAY



With the presence of 205 participants, including Grand Masters, Teachers and Instructors from Argentina, Bolivia, Brazil, Chile, Colombia and Uruguay, during the weekend of November 22nd to 24th 147th IIC took place at the Radisson Hotel in Montevideo city.

GM Paul Weiler - ITF President opened this IIC and welcomed all the participants.

The course was conducted by: Grand Master Hector Marano 9th degree, Grand Master Kim Ung Lan 9th degree and Master Paul McPhail 8th degree. During the seminar, all lecturers focused on a different range of content explaining Taekwon-Do techniques, step-sparring, patterns, self-defense and many more.

As guest lecturer Grand Master Paul Weiler made a Powerpoint presentation about exercises to strengthen the muscle masses responsible for stabilizing the spine.



KOREA EVENT 2020 UPDATE

Frequently asked questions



* CAN FIRST GUP PARTICIPATE IN THE EVENT ?

- 1st gup and above are allowed to participate in all courses of the event

* IS THERE ANY FEE IF I HAVE GOT MY OWN ACCOMMODATION?

- If you would like to use the accommodation from organizer you can, but it is not obligatory

* CAN I COME WITH MY FAMILY ?

Members of families can come to the event. Complete list of participants and packages they have chosen should be sent to ITF office in excel file.

* IS IT POSSIBLE NOT TO TAKE PART IN ALL COURSES?

It is possible not to take part in all courses but the payment remains the same.

* HOW TO APPLY FOR A VISA?

Those countries that need support for the visa application should contact the ITF Korea HQ by email and send a copy of their passport!

The email address is:

Lee Hyewon: hyewonleesung@gmail.com

International Taekwon-Do Federation
The office can write an additional invitation letter if needed after receiving the e-mail with a list including names/surnames/birthdates and passport numbers.

ACCOMODATION

We would like to inform you that organizing committee is still negotiating with **hotels** for better prices.

Accommodation in University is with no changes. Single/double or studio rooms are available in price 45 Euro per person/per day.

Using accommodation from organizer is not obligatory. Please feel free to choose your own hotel or wait for further information.

We will send more information soon!

PAYMENTS

We kindly remind that all payments should be sent to the ITF account before **January 15th 2020:**

Euro Account:

Bank name:

Deutsche Bank S.A.E.

IBAN: ES37 0019 0585 3340 1001 7635

SWIFT Code (BIC): DEUTESBBXXX

Bank adress:

DEUTSCHE BANK SOCIEDAD ANONIMA ESPANOLA
AV. DIAGONAL 446 BARCELONA, Spain

Receipient:

INTERNATIONAL TAEKWON-DO FEDERATION

Calle Mercado 3, 03501 Benidorm, Spain

by National Federation Allied Association or Recognized Club. We kindly ask you to insert the request number from the ITF database, name and surname of the person who is attending the event in the transfer description. If this payment is only for people who are supporting then please also include a description for what exactly payment is for.

All Payments for the accommodation according to calculation from the accommodation application form should also be sent to above mentioned bank account.

IMPORTANT :

- 1. The accommodation at the University is only possible in term from 09th – 16th of April, 2020**
- 2. For the sight seeing can apply up to 500 people**
- 3. In Gala dinner can participate up to 200 people**

NEW E-MAIL BOXES



NEW E-MAIL BOXES

Dear ITF members we are glad to inform you that the ITF Communications & Development Committee prepared separate e-mail boxes to improve our communication and all the services for our members. We kindly ask you to use following e-mails from now on.

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p.weiler@itf-d.de

Secretary General Office:

Master Tadeusz Loboda

Ms. Malgorzata Rogaczewska

itfoffice@itftkd.sport

ITF Online:

Ms. Izabela Loboda

all matters regarding ITF database, requests, payments.

itfonline@itftkd.sport

Development and Communication Committee:

all matters regarding ITF website and Socialmedia

communications@itftkd.sport

Board of directors

Chairs of ITF Committees

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Chairwoman Women's Committee

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